# **Wellbeing Combination Essences**

## - Descriptions for Your Website & Marketing

#### **Wellbeing Combination Essences**

The five deep acting Wellbeing Combinations in this group each offer support with issues that are important for our overall wellbeing and which can affect the quality of life we experience.

### **Key Points:**

- Support for everyday issues that affect quality of life.
- Deep acting combination essences
- Promote energetic wellbeing

Essence Type: Flower, Gem & Crystal Essence Combination | Stock Level

#### How to Use

Take four drops on the tongue directly from the bottle between two & four times a day. Finish the whole bottle then re-check to see if more of that particular combination or another is needed. We do not recommend taking more than one combination at a time. Preferably take 10 minutes away from food and drink. These are all stock level combinations. To gain maximum benefit from your combination we recommend that you take it without further dilution.

Size: 10ml & 25ml

#### **Environmental Stress: Strengthening & Cleansing**

Living in the environment created by current modern day life places an increasing strain on our subtle energy system and etheric blueprint. This combination helps to clear and release accumulated impurities of all kinds from the energetic blueprint.

## **Graceful Change: Feminine Maturity**

This combination is specifically designed to help women move gracefully and naturally through the cycle of change that occurs at all levels as they reach maturity. It will help to release old emotional and mental programming, allowing greater acceptance and understanding of this very important phase in a women's life, promoting a natural harmony and balance.

### **Learning Easily: Free Flow and Connection**

The ability to assimilate information requires a synthesis between logic and intuition. This combination helps to strengthen and support this process by stimulating the connections

between higher and lower mind and promoting a free flow of energy through the subtle bodies and etheric blueprint.

### Sleep: Natural Rest

Natural restful sleep is important for us all, especially whilst we are undergoing periods of change and growth. During our sleep time we are able to gain valuable insights from our guides and teachers on the other levels as well as clearing and balancing our subtle energy systems. This combination will help to promote this process.

### Strength and Wellbeing: Restoring Wellbeing

A strong and vital energetic blueprint and fully functioning subtle energy system are an important factor in our well-being. This combination helps to strengthen and support these important areas as well as expelling any old patterns or energetic impurities.