

# Rainbow Light Body

## – Descriptions for Your Website & Marketing

### Rainbow Light Body Essences - Created by Shimara Kumara

The Rainbow Light Body Essences are very high frequency, finely tuned clearing and activation tools designed to assist in the development of our Light Body or Mer Ka Ba. Each of the essences in this set was created by a unique process resulting in a set of twelve very powerful essences that provide exactly the support we need now as we seek to assimilate higher & higher frequencies of Light into our energetic systems.

#### Key Points

- Very high frequency energetic tools
- Clear focus on activating the Light Body.
- Transformation of unconscious belief patterns and emotional blocks.

**Essence Type:** Flower, Gem & Crystal Essence Combination | Stock Level

**Size:** 15ml

#### How to Use

Adult How to Use - start by taking 4 drops on or under the tongue once a day. If you feel comfortable with this then increase to four drops twice a day until the bottle is finished. It is not usually advised to use more than 2 doses per day unless specifically guided. Not suitable for children under 16.

It is good to take an essence consistently over a period of time to get the best benefit from it, however you can also use the Light Body Essences on an occasional basis if you feel that you need help from a specific Essence. We'd usually suggest that to gain maximum benefit from your combination you take it directly from stock without further dilution - this gives you the deepest acting effect from the essence. Preferably take at least 10 minutes away from food and drink.

#### The Etheric Body Essence

The Etheric Body is our energetic blueprint so it is essential for our wellbeing that this subtle body is strong and vibrant. The etheric body can be adversely affected by shock, trauma or drugs as well as unclear energies filtering down from other subtle bodies. This essence will help to strengthen, clear and stabilise this very important subtle body.

Attuned to: Saint Germain

### **The Emotional Body Essence**

This essence will promote a fast clearance of buried emotional patterns. Emotional energy is a powerful creative force - literally energy in motion. Our emotional responses to life can be based on unconscious negative belief patterns that continue to fuel our emotional response until they are released and cleared. Many people are afraid of their emotions, particularly those that they consider 'negative' and unconsciously suppress them creating a build up of stuck energy that blocks the subtle energy system and chakra points.

Attuned to: Archangel Gabriel

### **The Mental Body Essence**

This essence helps to clear negative thought patterns and core beliefs held in the lower mental body. As the lower mental body becomes more balanced and open we are able to receive spiritual inspiration, guidance & ideas from the higher mental body.

Attuned to: Hilarion

### **The Causal Body Essence**

The Causal Body vibrates at one of the highest frequencies of all our subtle bodies and holds the 'blueprint' for our life-plan on the higher levels. It also contains any previous incarnational energies or qualities needed to help, guide or be worked on in a particular lifetime. The Causal Body Essence helps to align and integrate all the other subtle bodies, bringing forward more spiritual and personality growth through the activation of this portal to higher consciousness. It will help with development of psychic awareness, clairvoyance, telepathy and possible memories of previous incarnations. This essence will promote feelings of peace, stability and inner security, thus helping us to move forward into a higher vibrational frequency.

Attuned to: Helios & Vesta

### **The Earth Star Essence**

This subtle energy point is about 9" below the feet in a direct line with the Base Chakra and Hara. Activating the Earth Star is important as it is our alignment point with Mother Earth and the magnetic grid and allows us to effectively ground and focus energy. Being properly grounded in this way is essential for us to attune fully with our Higher-Selves, Ascended Masters, Heaven and other star systems. AS ABOVE, SO BELOW!

Attuned to: Thoth

### **The Soul Star Essence**

This subtle energy point is above the higher chakras over the crown. When activated it is aligned with the soul, all 'higher' energies, star systems and the universe, allowing a greater amount of soul energy, guidance and healing to reach the mind and body. It is often good to

take this essence just before going to bed as it can activate dream recall and conscious remembrance of contact with spirits or guides while sleeping.

Attuned to: Lady Nada

### **The Hara Activation Essence**

The Hara is a subtle energy centre just below the navel (not the sacral chakra!). Activating this centre creates a focus on the need to be Divine Will in action. We cannot complete our Soul purpose or activate our Light Body when this centre is weak or inoperative. Hara Activation promotes a sense of true purpose & fulfilment as well as a greater sense being centred in the physical body. This energy point resonates with the spleen chakra.

Attuned to: El Morya

### **The Thymus Essence**

The thymus subtle energy point must be fully functioning for us to activate our Light Body. The ancient spiritually attuned civilizations all had this energy point fully functioning and recognised its true purpose as the 'Higher Heart' centre or chakra point. Divine Love and Compassion for all sentient beings comes from the development of this centre.

Attuned to: Sananda

### **The Integration Essence**

This essence helps to integrate and balance the inner masculine and inner feminine energies. It is essential that the intuitive feminine aspect of us functions as an equal partner with the logical masculine aspect.

Attuned to: Lao Tzu

### **The Crystalline Ray Essence**

This essence will stimulate the crystalline properties of the etheric blueprint and help to awaken soul memories of the Crystalline Light Body, bringing more conscious awareness.

Attuned to: Hathors

### **The I Am Presence Essence**

This essence helps to bring a more conscious connection to our I AM Presence, or Higher Self, opening the way for us to learn to hear, feel, see or know our own inner guidance and wisdom in a more profound way. Our soul is then more able to guide us to make choices that are for our Highest Divine Good thus bringing us more peace and joy. This essence will also help to promote deeper, more powerfully profound meditation experiences, making it easier for us to slip into that deep space where we become One with Mother-Father God and all Creation.

Attuned to: Sanat Kumara & Lady Venus Kumara

### **The Mer-Ka-Ba Essence**

The Mer-Ka-Ba is the spiritualised auric field merged with the higher self, and can only be activated when the heart chakra is fully open. Mer-Ka-Ba activation allows us to dematerialise or teleport the physical body from one location to another; a process used by advanced beings, Ascended Masters etc. The Me-Ka-Ba essence can only re-awaken and activate the Light Body when all the issues covered by the other essences in the set have been worked with.

Attuned to: Archangel Metatron